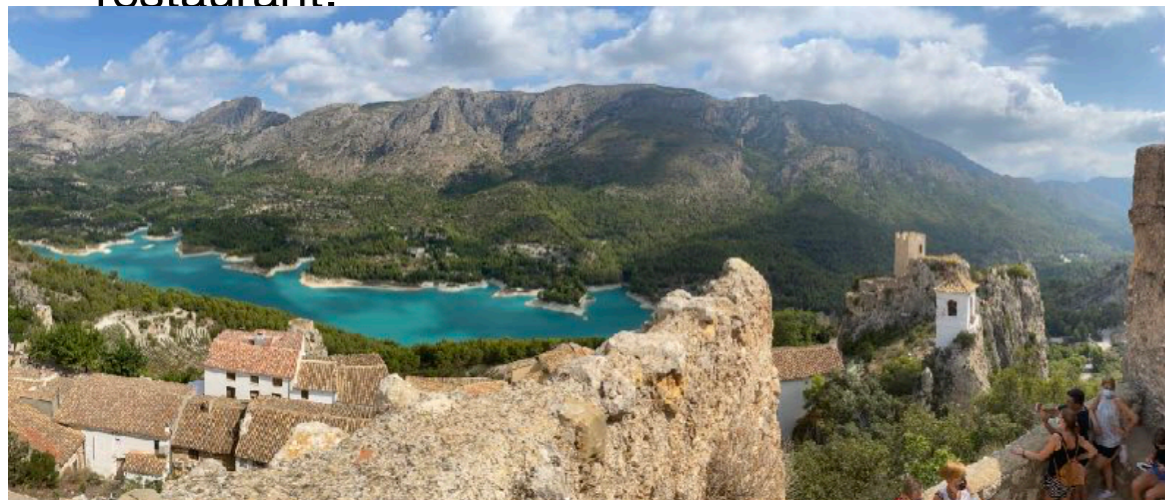


Veterinary arthroscopy meeting 11-12 June 2026

Thursday, June 11

- 8:45 a.m.: Transfer by bus from the Kaktus Hotel to Guadalest.
- 9:15–10:30 a.m.: Visit to Guadalest, considered one of the most beautiful villages in Spain. Guadalest is located in the corridor between the Aitana and Xortá mountain ranges. Of Muslim origin, it preserves an old town with historic and artistic buildings. It is worth climbing to the Castle of San José, an 11th-century Muslim fortress accessed through a natural tunnel in the rock. From there, you can enjoy breathtaking views. Only one tower remains of the 11th-century Castle of La Alcozaina.
- 11:00 - 13:00: Arthroscopy group meeting at Masos Winery (accompanying persons remain at Guadalest Castle to complete the visit until the winery tour. A visit to the Orduña House, which includes access to the castle, is recommended. Other museums include the Ethnological Museum and the Miniature Museum).
- 13:00 - 16:00: Winery tour, followed by lunch with wine pairings.
- 16:00 - 18:00: Transfer to the hotel and free time to relax.
- 18:30 - 20:30: Second meeting session.
- 21:00: Walk from the parking area through the cobbled streets of Altea to the restaurant.



Bodegas Masos

In the heart of the Guadalest Valley, where tradition and nature meet, a winery with a rich history has been born. Its legacy has endured through the centuries, with references to vine cultivation at Mas de Ondara appearing as early as 1237 in the Llibre del Repartiment (Book of Distribution) of Jaime I. Surrounded by centuries-old olive trees, Mas de Ondara is part of the MASOS family project, which revives the winemaking, agricultural, and cultural roots of the Guadalest Valley through the restoration of four farmhouses and their estates.

The Vidal Balaguer family, established in this valley for generations, is reviving its winemaking tradition after 100 years of neglect with the opening of Bodega MASOS in Benimantell.

Video of the winery: https://www.youtube.com/watch?v=SZuy_Jf-Dwc&feature=youtu.be



The wine pairing menu may vary depending on the season. We will inquire about any food intolerances, allergies to adapt the menu accordingly.



TASTING MENU

MEDITERRANEAN VERMOUTH

A refreshing aromatic start.

Chilled cucumber, melon, yogurt & spearmint soup



A sea bite with an oriental spark.

Titaina with salted tuna, almonds & sichimi toragashi



PENYA DEL CASTELLET

Tradition and sweetness in balance.

Fresh cuttlefish with 'Gloria de Guadalest' sobrasada and pear



MAS DE LA MONA

Subtle, briny, and bright

Hake with zucchini, seaweed & citrus butter sauce



ALBOR DE MASOS

Rice trompe-l'œil. Intense, flavorful, and full of nuance."

Creamy "rice" with Iberian pork shoulder & prawn, bell pepper & Bobby beans



TO REFRESH

A tribute to the garden.

Locally grown tomato with tender spring onion & Masos oil vinaigrette

VIDAL BALAGUER

Bold contrasts with elegance.

Suckling lamb with beetroot-raspberry, eggplant-leek & its ashes



DESSERT

Textural and flavorful play. Callosa cheeses with almonds, sweet & sour watermelon, and candied rind



Classic Valencian delights reimagined. "Horchata & fartons" with milk meringue ice cream



SWEETS WITH COFFEE

"Coca de mollitas" with Alfafarenca olive oil & spiced white chocolate



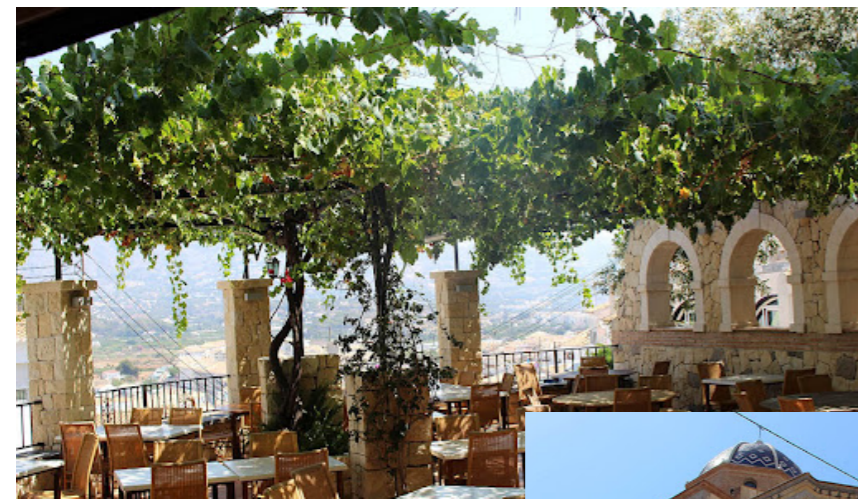
Salted peanut chocolate rock from Valor





Altea

Altea is a white village with cobbled streets, known for its vibrant artistic atmosphere and its iconic blue-domed church.



Restaurante La Capella



If we're still up for it, after dinner we can have drinks at La Mascarada, a well-known cocktail bar and popular music venue in the old town of Altea (next to the restaurant).

- Friday, June 12:
- 7:45 - 09:45: To prepare for the day, a little exercise. Walk to the Albir lighthouse. (Those who had a difficult night will have more time to rest.)
- 10:15 - 13:30: Third meeting session.
- 13:30 - 15:30: Lunch
- 15:30 - 18:30: Advanced arthroscopy course: Shoulder and knee.
- 18:30 - 20:00: Free time to relax or enjoy leisure activities.



The path to the Albir Lighthouse perfectly combines nature and history, offering some of the most beautiful panoramic views on this side of the Mediterranean. Suitable for the whole family and fully accessible, it's a very easy walk along a paved path with minimal elevation change, following the old service road of the Albir Lighthouse or the Albir Lighthouse Interpretation Center, located at Punta Bombarda within the Serra Gelada Natural Park.

Bombarda Tower and Albir Lighthouse Interpretation Center

The Bombarda Tower: This tower was part of the coastal defense system implemented throughout the Mediterranean in the 16th century, protecting the town of Altea from constant attacks by Barbary pirates. The tower is built on a rocky outcrop of the Serra Gelada, next to the Albir Lighthouse, at a point of maximum visibility from which the entire bay of Altea can be seen.

Saturday, June 13 (Workshop): with Ian Holsworth

- 9:00 - 11:30: Demonstration and practice of arthroscopy and shoulder stabilization
- 11:30 - 12:00: Break
- 12:00 - 13:00: Knee arthroscopy, meniscectomy, meniscus repair (live demonstration)
- 13:00 - 14:00: Lunch
- 14:00 - 16:30: Knee arthroscopy, meniscectomy, meniscus repair (practice)
- 16:30 - 17:30: Feedback on the procedures performed and recent tips



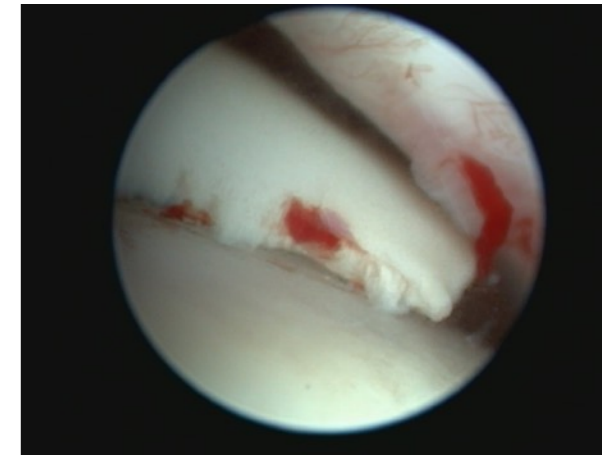
Ian G. Holsworth, BVSc, MANZCVS, DACVS (Small Animal), ACVS Founding Fellow, Minimally Invasive Surgery (Small Animal Orthopedics).

Dr. Holsworth graduated from the University of Melbourne in 1991 and spent eight years in general practice. In 1995, he became an Examined Fellow of the Australian College of Veterinary Scientists. After serving as a staff surgeon in an eight-practice small animal veterinary group in Melbourne, Dr. Holsworth moved to Michigan as a surgical fellow at the Michigan State University Teaching Veterinary Hospital. Upon completing his fellowship, Dr. Holsworth began a three-year residency in small animal surgery at the University of California, Davis Veterinary Teaching Hospital, which he completed in July 2003. He is currently the director and senior surgeon at VetSurg in Ventura, California, and the training program coordinator and lead instructor for the Arthrex VetSystem North American Continuing Education (CE) program. This continuing education program includes didactic lectures and laboratory sessions, delivered at university veterinary schools, private surgical laboratories, and in conjunction with national veterinary continuing education conferences.

Speaker at numerous national conferences in the USA, Canada, the UK, Europe, and Australia. Topics covered include shoulder, hip, elbow, and knee pathologies in dogs, with a focus on advanced imaging, arthroscopic evaluation of juvenile orthopedic diseases, and arthroplasty. Dr. Holsworth has chaired the ACVS Surgery Summit arthroscopy and joint surgery workshop for the past twelve years.

Meeting Program:

- Arthroscopy Clinical Cases
- Joint Surgery Clinical Cases
- Elbow Dysplasia: Which Techniques to Use for the Treatment of Medial Compartment Syndrome? PAUL, SHO, or CUE?
- Shoulder Instability: New Developments in Diagnosis and Treatment
- Humeral Intracondylar Fissure: New Developments in Etiology and Treatment. The Role of Arthroscopy
- How to prepare my patient for arthroscopy: The Use of Positioners and Distractors
- Future of Joint Surgery: 3D Guides, Navigation Systems, Robotics, etc.



Participants can submit their presentation proposals until May 15th. Each presentation should be between 10 and 20 minutes long. Shorter presentations of clinical cases are also acceptable. Moderators will organize the presentations by topic. Presentations must be in English.

The maximum number of participants is 25. This allows for discussion and information exchange.

Venue for meeting and workshop

Vetermed Institute, Plaza de la Creueta 2, Local 3, 03580 Alfaz del Pi, Alicante.

Alfaz del Pi: L'Alfàs del Pi (in Valencian) is a town in Alicante, known for its large foreign resident community and its tourist appeal, which combines beach and mountains. It is located 9 km from Benidorm and 49 km from Alicante. The name l'Alfàs del Pi combines the Arabic origin "Al-Fahs" (cultivated or fertile field) with "del Pi," which was added to differentiate it from Polop, referring to a pine tree planted in 1786 to commemorate its independence as a municipality. Thus, the name means "the fertile field of the pine." The beach area is called Albir (derived from the Arabic al-bir, meaning "the well" or "the spring").

Alicante has an international airport with direct flights to major European and national cities. There is a bus service from the airport to Benidorm.



Alicante is connected to Madrid by high-speed trains (AVE).

From the station, you can take a bus to Benidorm or the tram. The tram ticket is free with your AVE - RENFE ticket.



We have arranged buses for the transfer to the Guadalest and Altea visits on Thursday .

The bus will depart from the Kaktus Hotel in Albir. While some participants may choose other hotels in Albir, the meeting point will be the Kaktus Hotel.

Accommodation

it is recommended to stay in Albir (Alfaz del Pi). Alfaz del Pi is a tourist area and, along with its neighbors Benidorm, Altea, and La Nucia, offers a wide range of hotels. If any participant prefers to stay near the Vetermed Institute, they can inquire at info@ivetermed.com.

Web with tourist information: <https://welcomelalfas.com/en/>

Fee:

€550 until 30 April - 600€ from the 1 May: Includes participation in the Thursday and Friday meetings and the Ian Holsworth's lectures of the workshop on Friday, a visit to Guadalest and the Masos winery, lunch with wine pairings and dinner on Thursday, lunch on Friday, and bus transportation on the 11th.